

Project C.H.A.N.G.E.

(Creating Healthy Alternatives through Nonviolent Guidance and Education)

Course Description

This course is designed to empower Middle and High School Students (Grades 6–12) to Lead with Courage, Compassion, and Character. This course is rooted in the powerful legacy of Rev. Dr. Martin Luther King Jr. and Rev. James Luther Bevel, who was the Director of Direct Action and Nonviolent Education for the Southern Christian Leadership Conference (SCLC). During this 12-lesson program students will learn to master the principles of nonviolence, citizenship, leadership, and personal responsibility.

Through reading, discussion, activities, and reflection, students will explore self-identity, education, conflict resolution, drug prevention, and community-building. Students will emerge as thinkers, peacemakers, and agents of positive change in their schools, communities, and beyond.

Designed for flexible learning — online or in live classrooms.

Learning Outcomes

By completing Project C.H.A.N.G.E., students will be able to:

- Define their own identity with integrity and self-awareness.
- Apply the principles of nonviolence in personal and community contexts.
- Analyze the role of education for leadership.
- Offer nonviolent alternatives to drugs, gangs, and violence.
- Demonstrate critical thinking about justice and citizenship.
- Build healthy relationships based on principle.
- Create action plans for growth and positive change.
- Exhibit ethical leadership qualities.
- Complete Pre-Test, Post-Test, and Lesson Assessments.